CHESS T' MINIT puzzle - July 2014

With the World Cup Final in Brazil being played this month and the Chess Olympiad starting shortly in Norway, this month's puzzle comes from a brilliant game by Grandmaster Simen Agdestein, who played both chess and football for Norway (but alas never played in a World Cup). The position shown comes from a 1994 game played between Agdestein and the British Grandmaster Michael Adams. In a complex position, find the move which white played to force instant resignation.

